

# NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

## (Four Common Semesters)

### SEMESTER – I

#### PAPER – 01

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

#### No. of Lectures (35)

#### Unit – 01 : Introduction and Basic Concept of NSS (4)

- a) History, Philosophy, aims & Objectives of NSS (1)
- b) Emblem, flag, motto, song, badge etc. (1)
- c) Organizational structure, roles and responsibilities of various NSS Functionaries (2)

#### Unit – 02 : NSS Programmes and Activities (10)

- a) Concept of regular activities, special camping, Day Camps (3)
- b) Basis of adoption of village/slums, Methodology of conducting Survey (2)
- c) Financial pattern of the scheme (1)
- d) Other youth Prog./Scheme of GOI (2)
- e) Co-ordination with different agencies (1)
- f) Maintenance of the Diary (1)

#### Unit – 03 : Understanding Youth (02)

- a) Issues, challenges and opportunities of youth (5)

#### Unit – 04 : Understanding Youth (02)

- a) Youth-Adult Partnership (2)

#### Unit – 05 : Volunteerism and Shramdan (02)

- a) Shramdan as a Part of Volunteerism (2)

Project Work/Practical 20 Marks

# NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

## (Four Common Semesters)

### SEMESTER – II

#### PAPER – 02

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

#### No. of Lectures (35)

#### Unit – 01 : Importance and Role of Youth Leadership (7)

- a) Meaning and types of leadership (2)
- b) Importance and role of youth leadership (2)
- c) Problem-solving and decision-making (3)

#### Unit – 02 : Social Harmony and National Integration (9)

- a) Indian History and Culture (2)
- b) Role of youth in peace-building and conflict resolution (5)
- c) Role of youth in Nation building (2)

#### Unit – 03 : Understanding Youth (9)

- a) National Youth Policy (3)
- b) Youth Development programmes at the National Level, State Level and Voluntary Sector (4)
- c) Youth-focused and youth-led organizations (2)

Project Work/Practical

20 Marks

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(Four Common Semesters)

SEMESTER – III

PAPER – 03

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

No. of Lectures (35)

## Unit – 01 : Citizenship (4)

- a) Fundamental Rights and Duties (2)
- b) Human Rights (1)
- c) RTI (1)

## Unit – 02 : Family and Society (4)

- a) Human Values (1)
- b) Food and Nutrition (1)
- c) National Health Programme (2)

## Unit – 03 : Youth Health (6)

- a) HIV AIDS, Drugs and Substance abuse (2)
- b) First Aid (4)
- c) History, philosophy and concept of yoga (2)

Project Work/Practical

20 Marks

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## (Four Common Semesters)

### SEMESTER – IV

#### PAPER – 04

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

#### No. of Lectures (35)

#### Unit – 01 : Environment Issues (10)

- a) Environment Conservation, enrichment and Sustainability (2)
- b) Waste management (2)
- c) Natural resource management (2)  
(Rain water harvesting, energy conservation, waste land development, soil conservations and afforestation )
- d) Introduction to Disaster management, Classification of disasters (2)
- e) Role of Youth in Disaster Management (2)

#### Unit – 02 : Project Cycle Management (10)

- a) Project Planning (10)
- b) Food and Nutrition (1)
- c) National Health Programme (2)

Project Work/Practical

20 Marks

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## SEMESTER – V

### PAPER – 05

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

#### No. of Lectures (35)

#### Unit – 01 : Vocational Skill Development (10)

This Unit will aim to enhance the employment potential of the NSS volunteers or alternative to help them to set up small business enterprises. For this purpose, a list of 12 to 15 vocation skill be drawn up, based on the local conditions and opportunities. Each volunteer will have the option to select two skill-areas out of this list- one such skill in each semester This education institute (or the university) will make arrangements for developing these skills collaboration with established agencies that possess the necessary expertise in the relation vocational skills.

#### Unit – 02 : Entrepreneurship Development (10)

- a) Definition & Meaning (1)
- b) Qualities of good entrepreneur (2)
- c) Steps/ways in opening an enterprise (3)
- d) Role of financial and support service institutions (1)

#### Unit – 03 : Youth and Crime (10)

- a) Sociological and psychological Factors influencing Youth Crime (2)
- b) Peer Mentoring in preventing crimes (1)
- c) Awareness about Anti-Ragging (2)
- d) Cyber Crime and its Prevention (1)
- e) Juvenile Justice (1)

Project Work/Practical

20 Marks

# NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

## SEMESTER – VI

### PAPER – 06

Theory Weight :- 30 Marks

Practical/Project Work :- 20 Marks

#### No. of Lectures (35)

#### Unit – 01 : Vocational Skill Development (20)

This Unit will aim to enhance the employment potential of the NSS volunteers or alternately to help them to set up small business enterprises. For this purpose, a list of 12 to 15 vocation skill be drawn up, based on the local conditions and opportunities. Each volunteer will have the option to select two skill-areas out of this list- one such skill in each semester This education institute (or the university) will make arrangements for developing these skills collaboration with established agencies that possess the necessary expertise in the relation vocational skills.

#### Unit – 02 : Civil/Self Defense (5)

- a) Civil defense services, aims and objectives of civil defense (2)
- b) Needs for Self defense training (3)

#### Unit – 03 : Additional Life Skills (7)

- a) Positive Thinking (1)
- b) Self Confidence and self Esteem (2)
- c) Setting Life Goals and working to achieve them (2)
- d) Management of Stress including Time Management (2)

Project Work/Practical

20 Marks